

## Five Lessons I learnt from failing **Katrina Kolt**



You heal from failure with the humility you need to grow!





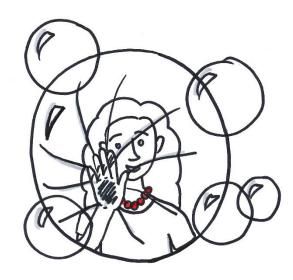




## Stop telling yourself stories – dig deep on what you could do better



## Leave your bubble to seek the honesty of others

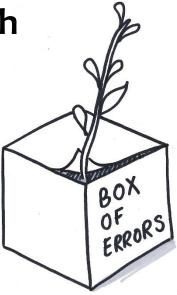








Accept that error is part of growth









Use failure to learn what your strengths and passions are









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- 1. You heal from failure with the humility you need to grow!
- 2. Stop telling yourself stories dig deep on what you could do better
- 3. Leave your bubble to seek the honesty of others
- 4. Accept that error is part of growth
- 5. Use failure to learn what your strengths and passions are



